



2004 SEASON

GENERAL INFORMATION PACKET

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All life is based on the fact that everything worth getting is hard to get. There is a price to be paid for anything. Scholarships can only be bought at the price of study; skill in any craft or technique can only be bought at the price to practice: eminence in any sport can only be bought at the price of training and discipline. The world is full of people who have missed their destiny because they would not pay the price. No one can take the easy way and enter into any kind of glory or greatness; no one can take the hard way and fail to find glory and greatness.

WILLIAM BARLAY

WOLF PACK CONTACTS

SPORTS/WOLF PACK WRESTLING COORDINATOR	Feliz Ortega	314- 0423 faortega@bernco.gov
SPORTS PROGRAM OFFICE FAX NUMBER	111 Union Square SE.	314- 0415 314- 0435
OFFICE HOURS	Monday through Friday	8 a.m. to 5 p.m.
WOLF PACK HS LIASON	Mark Garcia	453- 7742 garcia_mark@aps.edu
NM WRESTLING REPRESENTATIVE	Rosanne Eakin	867- 5980 nmwrestling@cs.com

REGISTRATION INFORMATION

AGE: Wrestlers must be 8 years of age as of January 1, 2003.

REGISTRATION: On going registration begins on Monday, February 10, 2003.

ENTRY FEE: \$50.00 per wrestler. Fees must be made payable to BERNALILLO COUNTY PARKS AND RECREATION or (BCP&R). BUSINESS CHECKS, CASHIERS CHECKS, MONEY ORDERS, PERSONAL CHECKS, OR CASH WILL BE ACCEPTED.

* Athletes are required to pay for room and board, insurance cards and tournament fees. Bernalillo County is responsible for transportation to and from events.

PRACTICE: Registration begins March 1, 2004
Wolf Pack Clubs will practice twice a week. The site will determine practices.
Wrestlers are welcome to practice at any designated Wolf Pack site.

FACILITIES: To Be Determined

WOLF PACK PROGRAMS CONSISTS OF THE FOLLOWING:

1. COACHING BY QUALIFIED INSTRUCTORS.
2. TWO PRACTICES A WEEK
3. T-SHIRTS WITH B.C.P.R. LOGO.
4. TRANSPORTATION TO OUT OF TOWN TOURNAMENTS.
5. FREE ADMISSION TO WOLF PACK WRESTLING CAMP.
6. WRESTLING SINGLET: Singlets must be returned at the completion of the season. *There will be a fine system put into place for those who do not return singlets.*

WOLF PACK PROGRAMS WILL NOT BE RESPONSIBLE FOR THE FOLLOWING:

1. ROOM AND BOARD FOR OUT OF TOWN TOURNAMENTS
2. ENTRY FEES - FOR TOURNAMENTS
3. PAYMENT FOR USAW CARDS

TOURNAMENTS:

1. March 18 - Rock Mountain Nationals
2. March 20 - Valley Norse Force
3. April 3 - Taos
4. April 17 - North Valley Trojans Mayfield
5. April 24 - BCPR Rio Grande High
6. April 15 - Las Vegas, NV
7. May 1 - Los Luchadores de Colores Grants
8. May 8 - Santa Fe
9. May 15 - Carlsbad
10. May 15 - New Mexico Games - RGHS

**PLEASE NOTE: THAT THE SCHEDULED WRESTLING TOURNAMENTS
ARE SUBJECT TO CHANGE**

TRAVEL POLICY

1. You will dress nice and neat with cleanliness as your priority, Cleanly shaved, showered and groomed.
2. Conduct yourself with proper manners at all times whether it's before a match, during a match or after a match.
3. We use proper language at all times.
4. When we eat it will be together and proper manners are mandatory.
5. We ride together and return together unless authorized by coaches.
6. No talking to spectators during warm-ups or matches.
7. Wrestlers in the Wolf Pack Wrestling Clubs DO NOT use illegal drugs or alcohol.
8. The coaching staff is ALWAYS in charge. Listen to them.

DECISIONS CONCERNING THE SAFETY AND WELFARE OF PARTICIPANTS

- A. THE COUNTY SPORT PROGRAMS OR SPORTS COORDINATOR RESERVES THE RIGHT TO LENGTHEN ANY PENALTY OR DISMISS ANY PERSON THAT VIOLATES ANY RULE OR POLICY REGARDING THE PROGRAM.
- B. THE SPORTS PROGRAM REPRESENTATIVES WILL MAKE THE FINAL DECISION CONCERNING THE WELFARE AND SAFETY OF THE PARTICIPANTS.

WRESTLERS CODE OF CONDUCT

The BERNALILLO COUNTY SPORT PROGRAM has adopted the following "WRESTLERS CODE OF CONDUCT". The rules of conduct will be strictly enforced during the wrestling season. It is the Coaches responsibility to ensure that all wrestlers and parents know and adhere to these rules. This Code of Conduct applies before, during and after practices or tournament(s).

1. No WRESTLER SHALL: At any time lay a hand upon, shove, strike, or threaten an official, coach, assistant coach, program administrator, and their designees.

MINIMUM PENALTY: One-year suspension

MAXIMUM PENALTY: Life suspension and/or assault charges filed.

2. NO WRESTLER SHALL: Refuse to abide by the official's decision.

3. **NO WRESTLER SHALL:** Be guilty of physical attack as an aggressor upon any wrestler, official or spectator.

MINIMUM PENALTY: One-year suspension.
MAXIMUM PENALTY: Life suspension and/or assault charges filed.

4. **NO WRESTLER SHALL:** Be guilty of an abusive verbal attack upon any wrestler, official or spectator.

MINIMUM PENALTY: Probation for the remainder of the season.
MAXIMUM PENALTY: Suspension for two tournaments and probation for the remainder of the season.

5. **WRESTLERS ARE PROHIBITED FORM THE USE OF ALCOHOLIC BEVERAGES OR ILLEGAL SUBSTANCES ON A.P.S. OR ANY OTHER FACILITIES WHERE WRESTLING EVENTS MAY BE CONDUCTED.**

MINIMUM PENALTY: Probation for the remainder of the season.
MAXIMUM PENALTY: Suspension for the remainder of the season.

6. **Wrestlers are to treat coaches and representatives of the Wolf Pack Wrestling Clubs, coaches and representatives of other clubs with respect and integrity at all times.**

THIS IS TO CERTIFY THAT I HAVE READ AND UNDERSTAND THE ABOVE "WRESTLERS CODE OF CONDUCT"

WRESTLERS SIGNATURE_____ **DATE**_____

PARENTAL INSTRUCTION CONCERNING MEDICAL TREATMENT

Wrestler's Name _____ Date of Birth _____

Parent/Guardian Name _____

Address _____ Zip _____

Telephone Numbers: Home _____ Work _____ Cell _____

Name of High School or College _____

Please indicate another person to contact in the event of any accident and we are unable to reach you.

Name _____ Phone _____

Relationship _____

Insurance Company _____

Policy Number _____

Is your child presently on medication? _____

If yes, please list medication(s) _____

Drug Sensitivities _____

Other Allergies _____

Please read the alliterative statements below and sign under the one that you choose. Do not sign more than one!

1. If my child needs medical attention, it is my wish that I am contacted before any medical procedures are done on my child unless immediate treatment is necessary to save my child's life or to prevent permanent injury. I accept responsibility for all costs related to such treatment.

2. If my child needs medical treatment while participating, it is my wish that treatment is begun while efforts are being made to contact me. So that treatment is not delayed, I consent to any medical procedures that the physician believes needed, on the understanding that efforts will continue to be made to contact me.

I accept responsibility for all cost related to such treatment.

SIGNATURE OF PARENT/GUARDIAN (if under 21 years of age) Date _____

It is important that all parties involved understand that there are inherent risks involved in wrestling. Due the nature of the sport athletes may get injured.